

| Team Pos | Points | Club | Pos | Bib | Runtime | Name |
|----------|--------|--------------------------|-----|-----|----------|---------------------|
| 1 | 162 | Scarborough AC | 40 | 872 | 00:39:03 | Rowan Johnson |
| | | | 47 | 515 | 00:39:44 | Katy Rawnsley |
| | | | 75 | 124 | 00:41:36 | Hester Butterworth |
| 2 | 452 | Scarborough AC | 81 | 529 | 00:41:47 | Rhona Haslam |
| | | | 134 | 276 | 00:43:55 | Helena Schofield |
| | | | 237 | 152 | 00:48:16 | Rachel Gyte |
| 3 | 610 | Beverley AC | 175 | 137 | 00:45:59 | Helen Storr |
| | | | 205 | 125 | 00:47:02 | Deborah Brant |
| | | | 230 | 147 | 00:47:57 | Angela Collins |
| 4 | 624 | Newton Aycliffe AC | 100 | 335 | 00:42:42 | Julia Atkinson-Tait |
| | | | 203 | 338 | 00:47:00 | Janet McRae |
| | | | 321 | 913 | 00:50:00 | Trish Kay |
| 5 | 812 | Scarborough AC | 246 | 522 | 00:48:31 | Lucy Harrison |
| | | | 268 | 134 | 00:48:57 | Louise Milne |
| | | | 298 | 197 | 00:49:37 | Melanie Padgham |
| 6 | 937 | Scarborough AC | 306 | 707 | 00:49:48 | Sue Louth |
| | | | 308 | 210 | 00:49:49 | Ann Jacklin |
| | | | 323 | 873 | 00:50:02 | Claire Haslam |
| 7 | 1097 | Scarborough AC | 361 | 680 | 00:51:21 | Jayne Graves |
| | | | 365 | 690 | 00:51:28 | Angela Garrity |
| | | | 371 | 800 | 00:51:38 | Sally Kingscott |
| 8 | 1250 | New Marske Harriers | 284 | 612 | 00:49:17 | Lynn Woods |
| | | | 467 | 609 | 00:55:03 | Isabel Conaghan |
| | | | 499 | 784 | 00:55:52 | Lorraine Allamby |
| 9 | 1411 | Pocklington Runners | 316 | 706 | 00:49:58 | Adele Shipley |
| | | | 527 | 300 | 00:56:50 | Tracey Baty |
| | | | 568 | 327 | 00:58:35 | Beverley Varley |
| 10 | 1760 | York Knavesmire Harriers | 495 | 312 | 00:55:46 | Beverley Watson |
| | | | 592 | 728 | 00:59:26 | Jane Thompson |
| | | | 673 | 554 | 01:02:43 | Susan Adams |
| 11 | 1828 | Swaledale Road Runners | 540 | 735 | 00:57:30 | Karen Palmer |
| | | | 618 | 789 | 01:00:44 | Helen Smith |
| | | | 670 | 203 | 01:02:40 | Sally Rutherford |